



# The S.H.A.P.E of My Chart



Today We ARE Learning ... How to **Read OUR** Birth Charts:

The Main Components of a Birth Chart

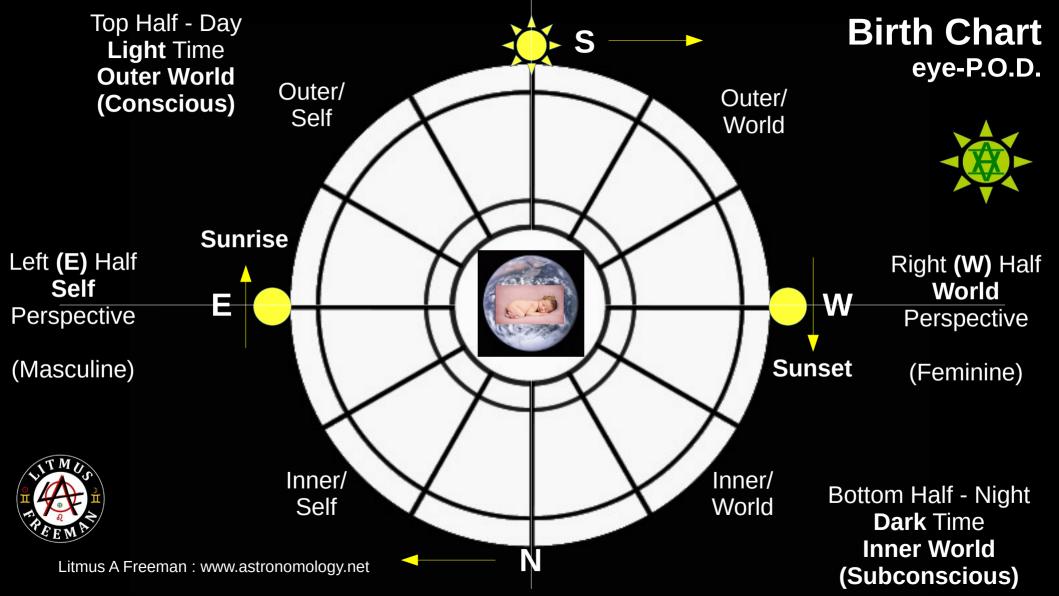
The **3 Most Important Parts** of our Charts



Our Chart Ruler (Planet) ○ 〕 ♀ …?

## PLUS+

2 Great Ways to Use Our Charts to Help Our LIVES & RELATIONSHIPS ♀♂





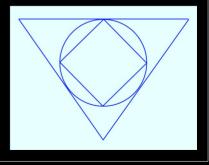
# S.H.A.P.E Astro-Psychology







- H Houses
  - A Aspects
- P Planets
- **E E**nergies

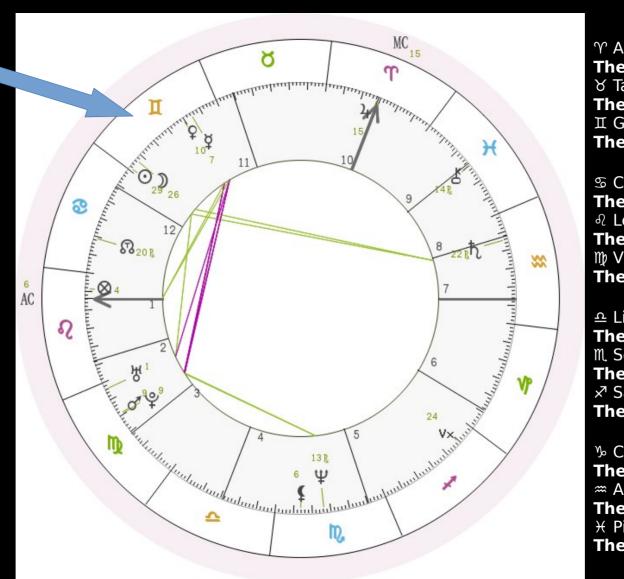


Signs

Outer (**Zodiac**) Circle

The 12 Equal Divisions of the Year, Ecliptic, Our Orbit





Ŷ Aries
The Ram
∀ Taurus
The Bull
𝔄 Gemini
The Twins



ର୍ଚ୍ଚ Cancer The Crab ଏ Leo The Lion ୩୦ Virgo The Maiden (Virgin)

Libra
 The Scales
 M. Scorpio
 The Scorpion
 ✓ Sagittarius
 The Archer

% Capricorn
The Sea Goat
∞ Aquarius
The Water Sh-AIR-er (© LAF)
ℋ Pisces
The Fishes

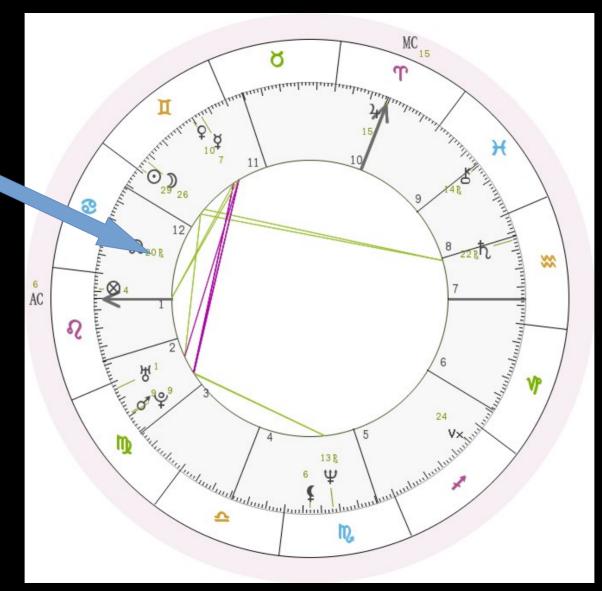


### Houses

Inner ('Sky') or Centre (Earth) Circle

The **12 Main Areas** of our Lives

Based on the human 'Cycle of Growth'



10<sup>th</sup> House LEGACY 11<sup>th</sup> House SHARING (© LAF) 12<sup>th</sup> House PSYCHE

7<sup>th</sup> House **PARTNERS** 8<sup>th</sup> House **TRANSFORMATION** 9<sup>th</sup> House **PHILOSOPHY** 

4<sup>th</sup> House **ROOTS** 5<sup>th</sup> House **CREATIVITY** 6<sup>th</sup> House **SERVICE** 

1<sup>st</sup> House

SELF 2<sup>nd</sup> House VALUE 3<sup>rd</sup> House COMMUNICATION

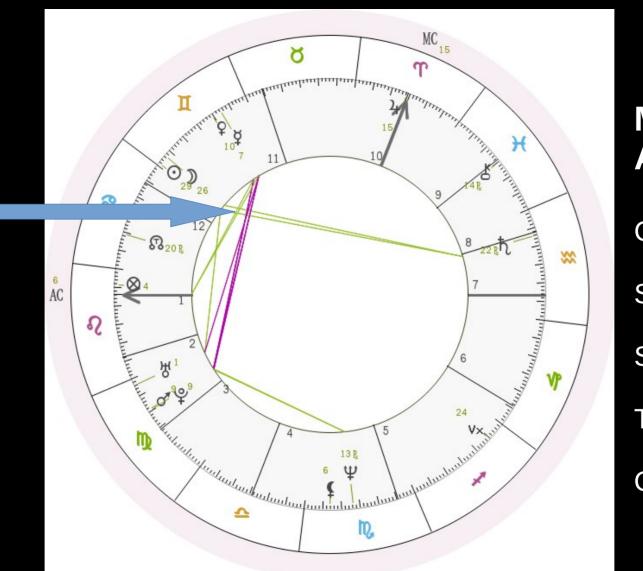




## Aspects

Cross the Centre (Earth) Circle

The Angles between the Planets at Our Birth





Main Aspects

Conjunction d

Sextile \*

Square  $\Box$ 

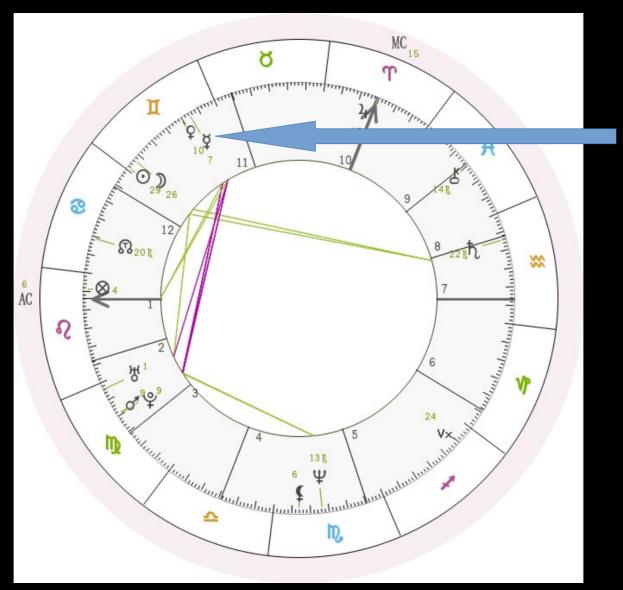
Trine  $\triangle$ 

Opposition o<sup>o</sup>

1<sup>st</sup> Planet SUN ⊙ 2<sup>nd</sup> Planet MOON ) 3<sup>rd</sup> Planet MERCURY § 4<sup>th</sup> Planet VENUS ♀ 5<sup>th</sup> Planet MARS ♂ 6<sup>th</sup> Planet JUPITER 의 7<sup>th</sup> Planet SATURN ħ

8<sup>th</sup> Planet URANUS ⊮ / ô 9<sup>th</sup> Planet NEPTUNE ♀ 10<sup>th</sup> Planet PLUTO P

11<sup>th</sup> Planet LUNAR NODE ດ 12<sup>th</sup> Planet CHIRON *§* 





**Planets** 

In the 'Sky' Circle

(Around the Earth)



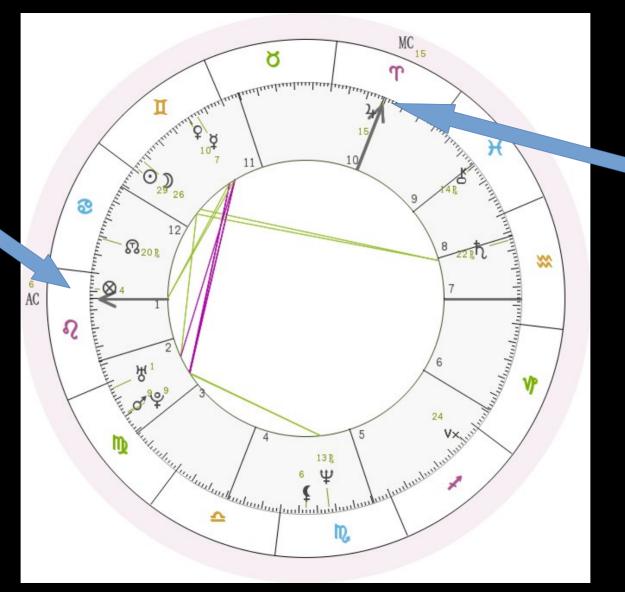
## ALSO IMPORTANT!

Ascendant (Asc / As) a.k.a 'Rising Sign'

Sun Rise Point

Self Image



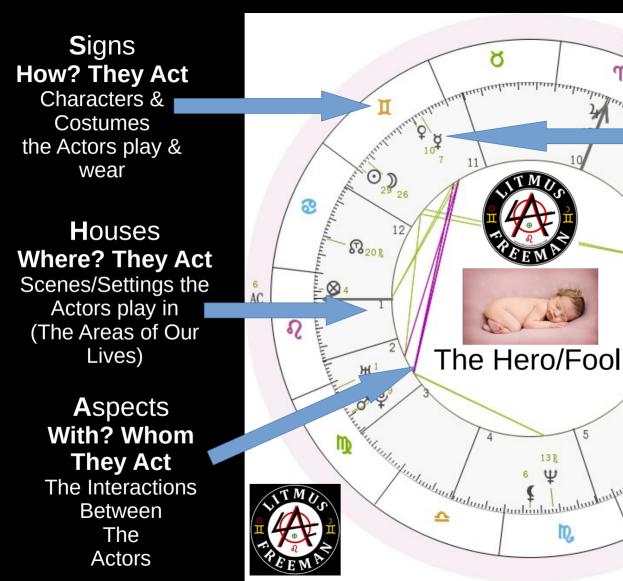


Mid Heaven (MC / MH)

Midday / Zenith Point

Public Image





## S.H.A.P.E

MC

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~

Planets What/Who? The Actors in Our Play/Movie

> S,H,A & P All have 'Energies' They Give Us at Birth

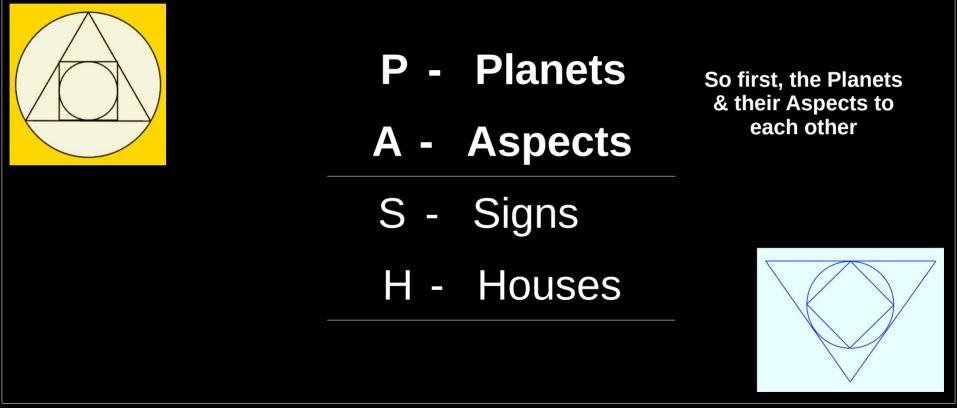
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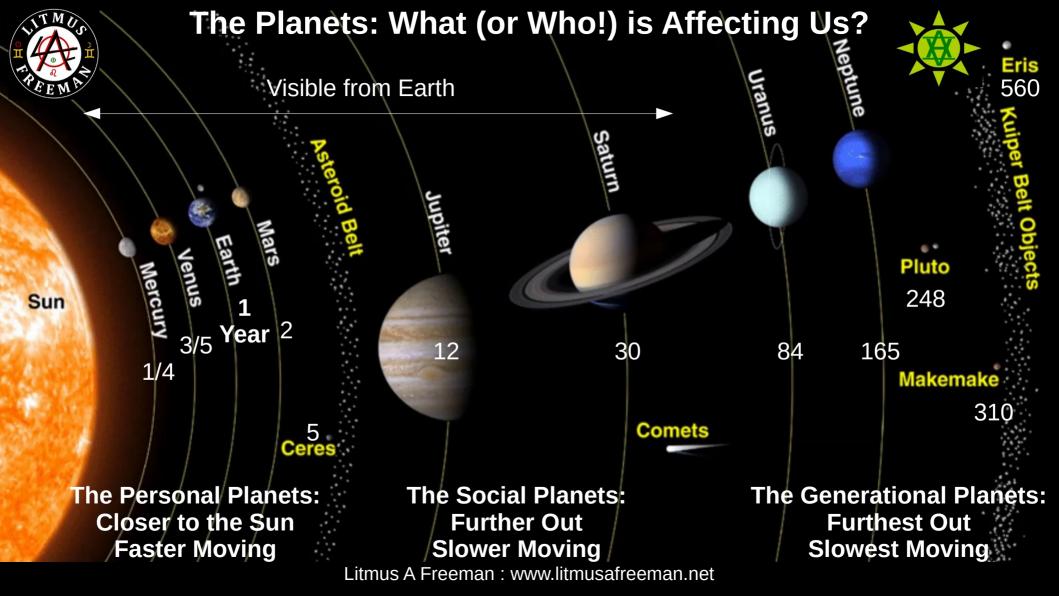
© Litmus A Freeman 13519 UCC (2019 Gregorian)



# My P.A. S.H. En









## The Qualities of The Planets (Actors) In A Word (or two!)





These Qualities are **Modified** by the **Sign** (Character/Role & Costume) and **House** (Scene) that the Planetary Actors are Performing in and The **Aspect** they are in with each other (how they are interacting)



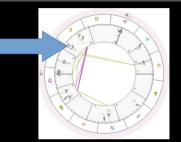
# S.H.A.P.E

## Signs . Houses . Aspects . Planets . Energies



## **Planets – 'What?' Affects Us**

From the Greek meaning "wanderers" So, includes the Sun  $\odot$  & Moon  $\ )$ 



The 5 visible orbs: Mercury ¥ Venus ♀ Mars ♂ Jupiter a Saturn 5 The 3 not visible orbs: Uranus ₩ Neptune ¥ Pluto ₽ The Actors: Symbolise Aspects of our Nature & Characters in our lives The ASTRO of Western Tropical Astro-logy *Inside* the Solar System, relatively close to the earth (As opposed to the 'Fixed Stars' far *Outside* the Solar System)



# The S.H.A.P.E of My Chart



# **Planets (Consciousness) Exercise:**

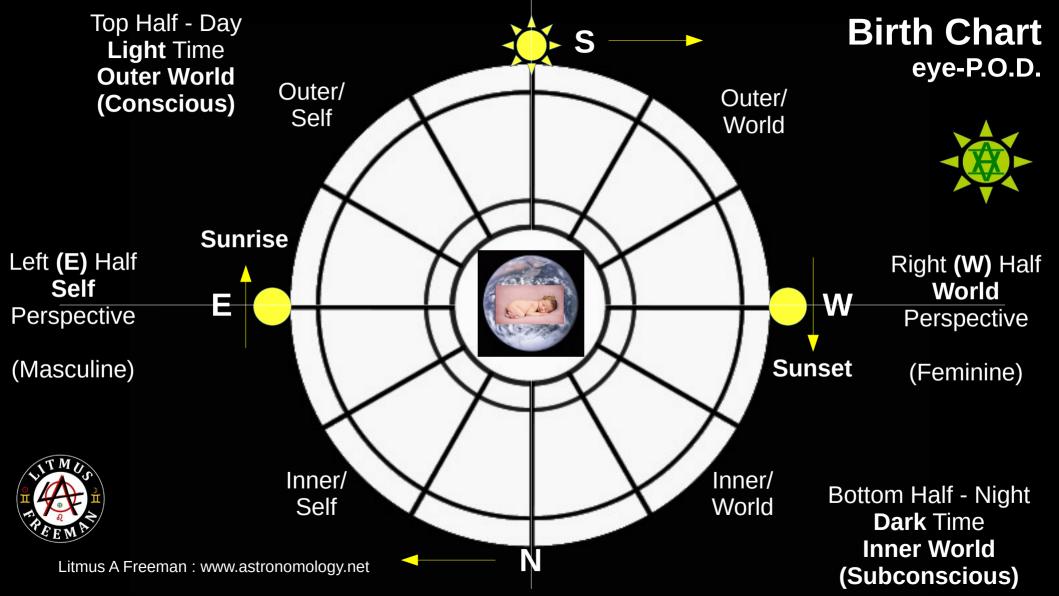
See How Many Planets You Have In Each Quarter of Your Chart



How Many **East** (left) and **West** (right)? How Many In The **South** (Top/Day Half)? How Many In The **North** (Bottom/Night Half?

Determine The **Balance** of Your Self v World & Conscious v Subconscious Psychological Energies





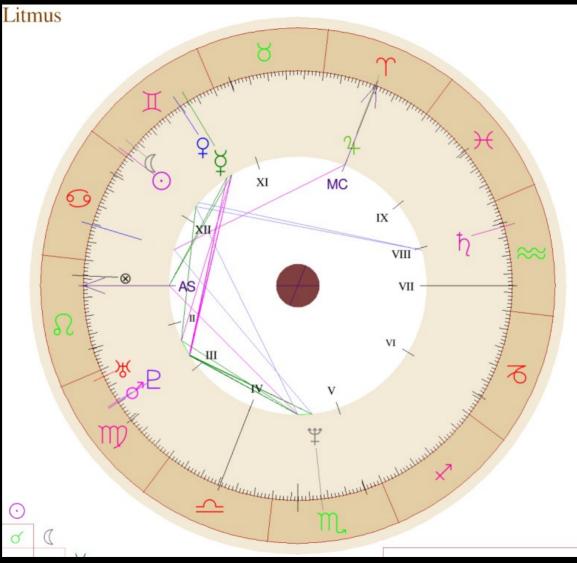


## 7/10 Planets

### EAST

### 'SELF'

"This is ME! Where will I fit in the world?





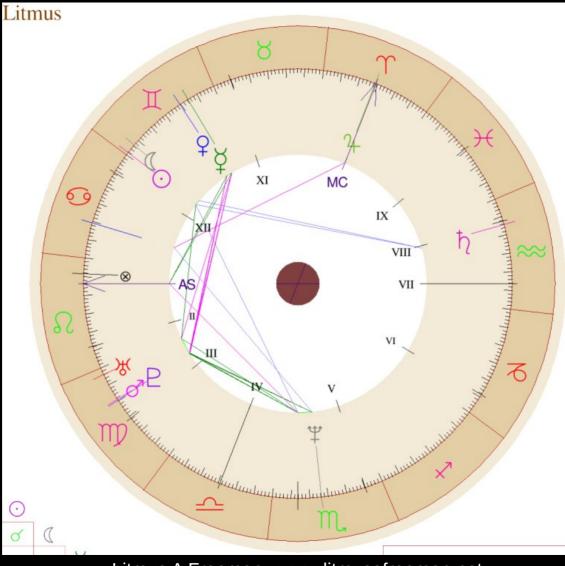
## 3/10 Planets West 'World'



### 6/10 Planets

### LIGHT-TIME

### "CONSCIOUS AWARENESS"



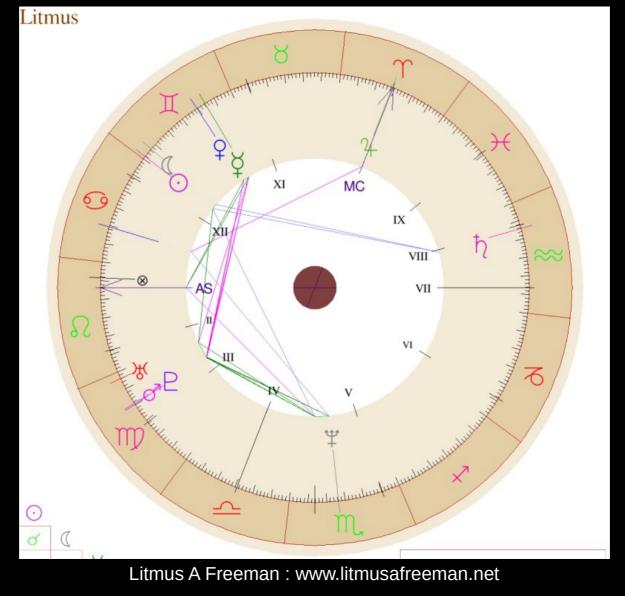


4/10 Planets Dark-Time 'Subconscious (Instinctive)'



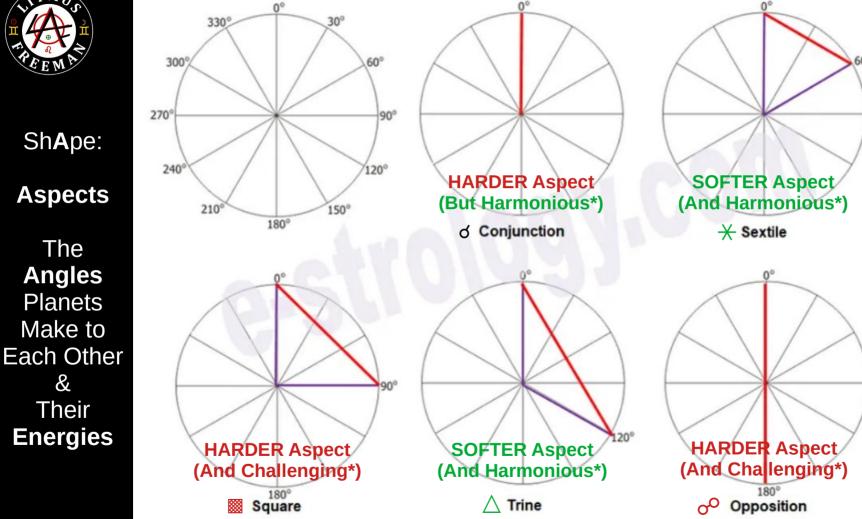
### Overall

"Self Orientated In Conscious Awareness"









# S.H.A.P.E

### Summary of Main Aspect Effects by Su Newman



Caminary of main Acpool Encole by Ca Homman						
ASTROLOGY KEYWORDS suology2021@gmail.com						
ASPECTS						
	Q		The Angle between two Planets, given in degrees, is called an Aspect	Q		
	σ <sup>O</sup>		An Aspect is the angular relationship between two points in the 360° Zodiac Aspects reveal the character of relationship between any two Planets,	°°		
			modifies expression and reveals threads of connection to the inner strengths and weaknesses within the subjects of the charts			
	$\Box$	conjunction	0' Strong focus. The Planets act together, modifying each others expression according to their nature	$\triangle$		
	517	Opposition Square	<ul> <li>180' C<sup>D</sup> Polarisation. Tendancy to project one of the Planets energies onto other people in relationship</li> <li>90' Dostructive. Self destructive until a creative expression of the energies is manifested</li> </ul>	*		
	11	irine jextile	<ul> <li>Fluid. The flow betwenn two Planets is easy, creative, available talents and resources</li> <li>60' ★ Opportunity. Possibilities through utilising the Planets involved</li> </ul>	$\mathbf{\nabla}$		



# S.H.A.P.E



## Signs . Houses . Aspects . Planets . Energies



## **Aspects – 'With?' The Interactions**

Angles that the Planets make to each other The Inter-Actions of the Actors *Modify their Energies* Some are 'Harmonious', some 'Challenging' Some are 'Harder', some are 'Softer'



# The S.H.A.P.E of My Chart

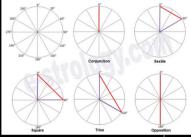




## **Aspects Exercise:**

Which **Planets** have **Aspects** to other Planets in Your Chart?

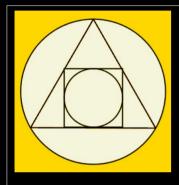
How Many Harder Aspects? Which Planets? How Many Softer Aspects? Which Planets? How Many Harmonious? Which Planets? How Many Challenging? Which Planets? What do their Effects tell you about your Psychology?





# My P.A. S.H. En



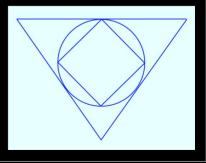


P - Planets

A - Aspects

And now, the 'As Above' Signs and their 'So Below' counterparts, the Houses

- S Signs
- H Houses





# S.H.A.P.E

Signs . Houses . Aspects . Planets . Energies



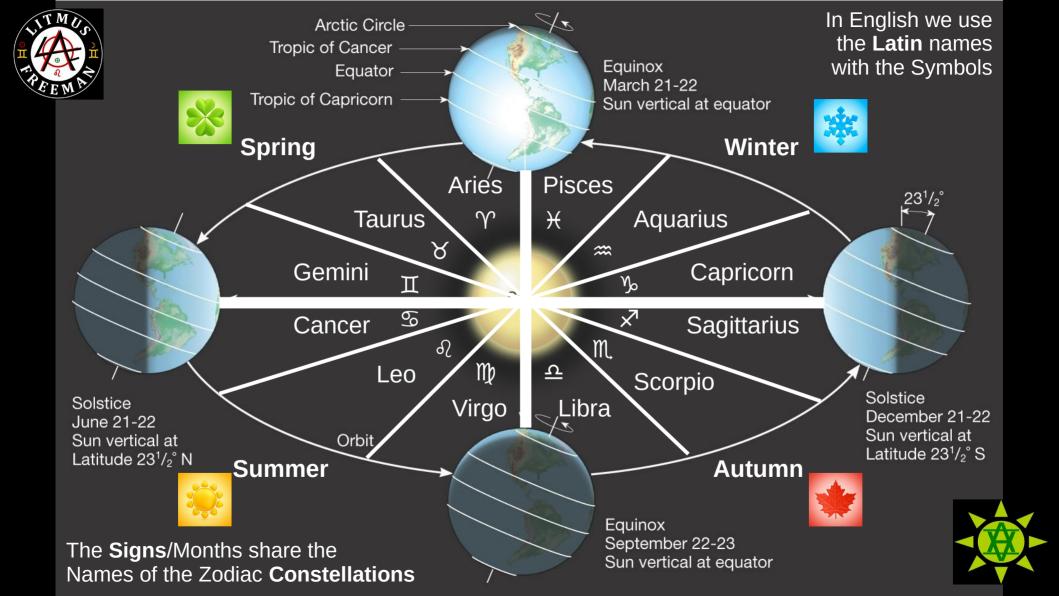
# Signs & Houses

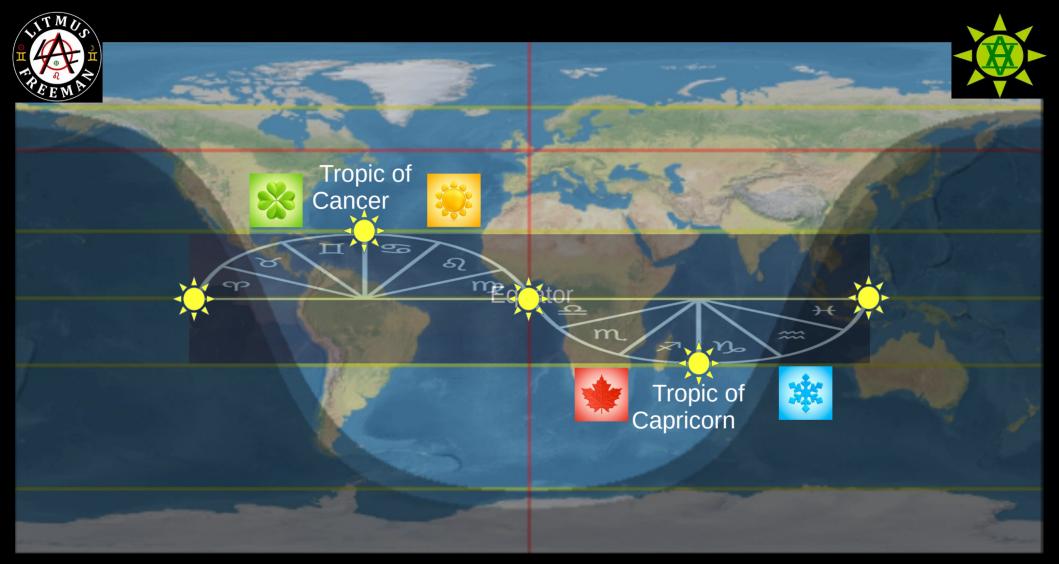
The **12** "Heavenly" Zodiac **Signs Correspond** to the **12** "Earthly" **Houses** of our **Lives** 

As Above (Signs) - So Below (Houses)

We can think of the Signs as the **Houses of the Planet & So The Collective** We can think of the Houses as the **Signs of the Individual Within The Collective** 

We **Collectively** Share the Influences of the **Planets** transiting the **Signs** We **Individually** Feel that Influence in the Area of our Lives represented by the **House** in our Birth Chart that those transits take place within







### The SIGNS - As Above, So Below

As in the Cosmic Solar System Body in the Sky Above So in our Lives & Bodies below



Arms, R Gemini.

Heart, Leo Reins, Libra.

*Thighs*, ∰⇒ Sagittarius.

Legs, Aquarius. The Head and Face — Aries. The Feet, - E Pisces.

Neck, A Taurus.

Breast, Scancer.

Bowels,

*Secrets*, Scorpio.

Knees, R Capricorn.

# S.H.A.P.E

Signs . Houses . Aspects . Planets . Energies

# 'P.E.N'

Polarity . Element . Nature

2 Polarities: +ve / -ve

Masculine/Feminine Active/Passive Yang/Yin

## 4 Elements: Fire Earth Air Water



3 Natures: Cardinal Fixed Mutable

(a.k.a Quality/Modality)







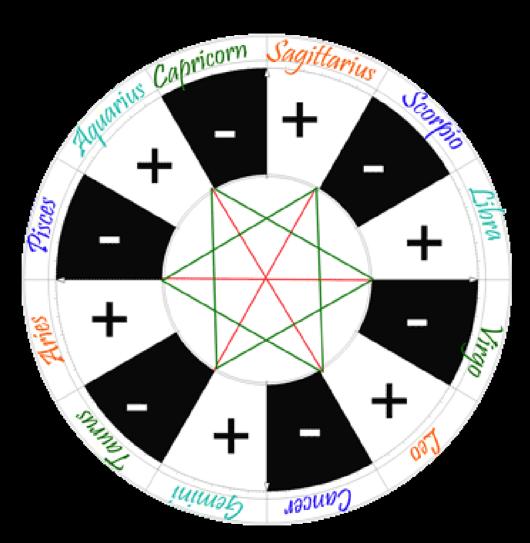


## Polarities of the Signs

2

Positive (Active) "Masculine" – Outgoing Self expressive 'Centrifugal' Radiating Yang Fire & Air SIgns



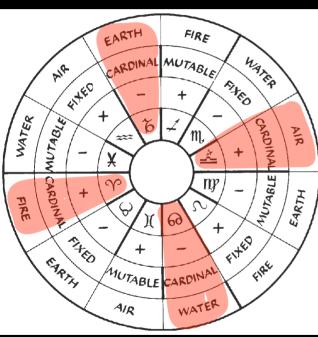


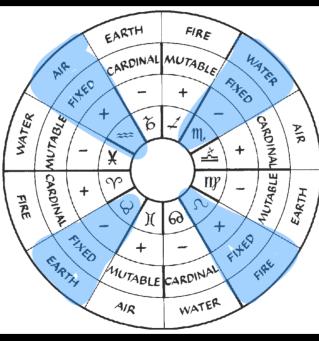
Negative (Passive) "Feminine" – Indrawing Self-repressive 'Centripital' Receiving Yin Earth & Water SIgns

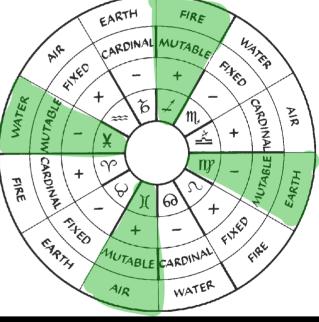










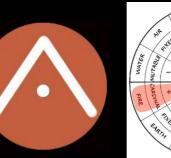


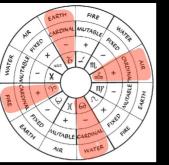
Cardinal Ƴ ର ଦ ୬

Fixed ୪ ର ୩ *କ* 

Mutable ⊥ ᡙ ↗ 兴



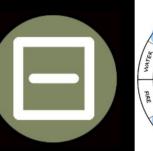




**Cardinal Signs** Aries-Cancer-Libra-Capricorn Initiating, dynamic, action oriented. Tackles obstacles directly, head on. Good at crisis management, but has difficulty with follow-through.

### Cardinal Ƴ ର ଦ ୬

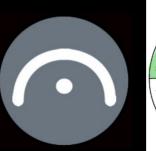
Fixed ୪ ଣ ୩ *ଲ* 





### **Fixed Signs**

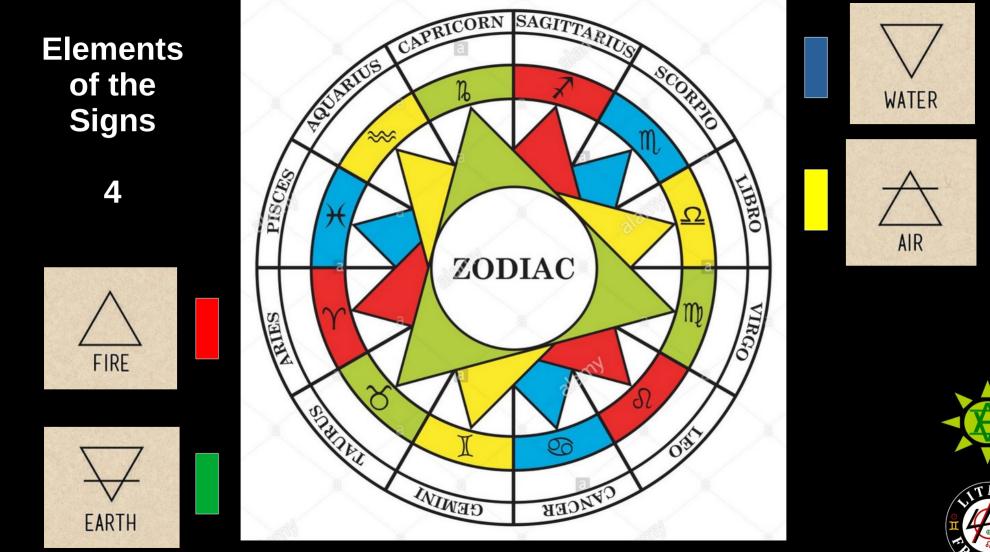
*Taurus-Leo-Scorpio-Aquarius* Stubborn, organizing, attached. Tackles problems slowly, often getting stuck in them. Slow to initiate, but good at follow through, getting stuff done and holding the fort.





#### Mutable Signs Gemini-Virgo-Sagittarius-Pisces Adaptable, versatile, changeable, communicative, easily distracted. Tackles a problem by going around it, by negotiation, or by avoiding the issue.

s Mutable us-Pisces II I M ✓ ★ geable, ed. Tackles a





# **Principles of the 4 Elements**

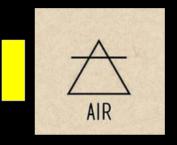
The Planetary Energies Express Through...

EARTH: Practicality Depth & Stability Seeks to Stabilise, Crystalise & Nurture the planetary energies Manifesting through it



WATER: Emotions Lends Sensitivity, Resourcefulness & Inspiration to the planetary energies Manifesting through it





AIR: Communication & Human Interaction Serves to Connect, Disseminate & Spark Intellectual Movement in the planetary energies Manifesting through it



FIRE: Dynamic Creativity Serves to Stimulate & Project the planetary Energies made Manifest through it

Source: Alan Oken, Complete Astrology P.284 The Zodiac Principles

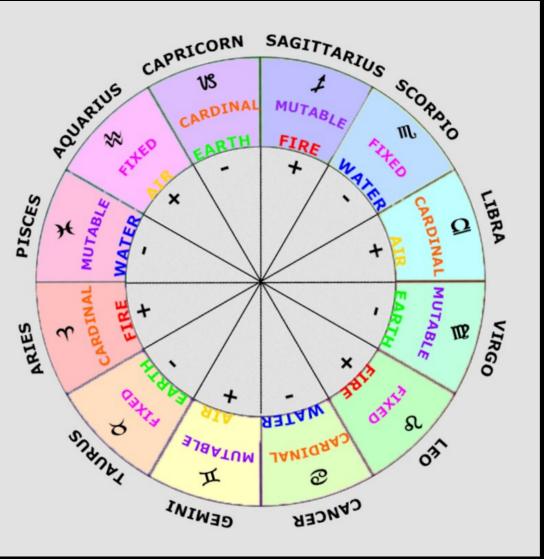


#### PEN:

P.olarities E.lements N.atures

of the 12 Tropical Zodiac SIGNS

Each Sign is a unique Combination of the 3 energy characteristics















Υ	Х	I	
<u>Aries</u>	Taurus	<u>Gemini</u>	
"I Seek MySELF"	"Through What I HAVE"	"What I THINK"	
Courageous & Bold	Steadfast & Loyal	Humorous	
Inspirational	Intensely Sensitive	Extremely Intelligent	
Intuitive & Perceptive	Composed & Calm	Versatile & Adaptable	
Takes Initiative	Affectionate & Generous	Sensitive to Others	
Direct & Decisive	Practical & Firm	Clear & Objective Thinking	
Likes to <b>Lead</b> Others	Productive & Fertile	Precise	

Source: Alan Oken, Complete Astrology



Litmus A Freeman : www.litmusafreeman.net

Source: Alan Oken, Complete Astrology





### Signs of Autumn

(Northern Hemisphere)





"I Seek Myself Through What..."

M

ပျ

Libra

"... I UNITE"

Completely **Impartial** & Balanced Mind

**Refined Artistic Nature** 

Perfect in Marriage & Partnerships

Sociable & Gregarious

Graceful & Charming

**Inspires Talents of Others** 

<u>Scorpio</u>

"... I DESIRE"

Creative Through Rebuilding

#### Healer

Strong & Loyal Friend

Giver of Strength

**Inspires Faith** 

Seeks Merger with Spirit

Litmus A Freeman : www.litmusafreeman.net

#### <u>Sagittarius</u>

 $\mathbf{X}^{\mathsf{I}}$ 

#### "....Therefore I AM"

Vast & Inspirational Mind

Sees the Larger Issue

at Hand

Magnanimous & Generous

Teacher & Judge

Straightforward & Bold

Source: Alan Oken, Complete Astrology



Deep



Signs of Winter (Northern Hemisphere)



"I Seek Myself Through What..."

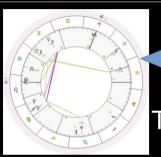
Yo	<i>~</i>	×
Capricorn	Aquarius	Pisces
" I USE"	" HUMANITY"	" & I DON'T SEEK Myself"
Prudent & Self Sacrificing	Gregarious & Social	<b>Unselfish</b> in All Matters
Trustworthy & Loyal	Loyalty to a Cause	Vast Imagination
Organiser & Executive	or Idea	Creative & Innovative
Industrious	Strives for Brotherhood	Universal in
Deep Spiritual Understanding	Intuitive & Alert Mind	scope of Expression
Very Aware of Other's Needs	Can Love ALL Equally	Strong Spiritual Aspirations
		Sourcos

Litmus A Freeman : www.litmusafreeman.net

Source: Alan Oken, Complete Astrology

Signs . Houses . Aspects . Planets . Energies





### Signs – 'How?' Planets Affect Us

The 'Characters & Costumes' of the Actors (Planets) The **12 Tropical Zodiac** Signs (Sun's Annual Journey) 12 '**Month**' Year – Seasonal Solar Calendar

4 Seasons - Divided by Equinoxes & Solstices (3 Signs/Months per Season) Each is 30° of the Earth's Orbit (Approximately 30 days)

12 Energy 'Character Windows' – Modify Planets' Energies Represent our 'Desire Nature' (feelings, passions, emotions)
& 'Personal Consciousness' experienced through the senses

THE EMA	S.H.A.P.E Zodiac Signs In A Word					
ONE	AriesŶ	COURAGE	SEVEN	Libra೭	PRINCIPLES	
TWO	TaurusƳ	STEADFASTNESS	EIGHT	Scorpiom	SECRETS	
THREE	GeminiI	RECONCILIATION	NINE	Sagittarius 🗷	INSTRUCTION	
FOUR	Cancers	CONSTANCY	TEN	Capricorn »	PRUDENCE	
FIVE	Leo  ଶ	GENTLENESS	ELEVEN	Aquarius∞	ASPIRATION	
SIX	Virgolly	SERVICE	TWELVE	Pisces <del>X</del>	PATIENCE	

Litmus A Freeman : www.litmusafreeman.net Source: Manley P. Hall *The Golden Road* 







### Signs Exercise: Identify



Which Signs Your Planets are in

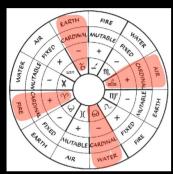
to determine How the Planets' Energies are 'Modified'

How are the **Actors**' Qualities Influenced by the **Roles** they are playing & the **Costumes** they are wearing?



Signs . Houses . Aspects . Planets . Energies





### **Energies of the Houses**

<u>1. Angular</u>

The ACTION Houses! How We 'Get Things Going!' Correspond to the Cardinal Signs Leading House of each Quarter



Signs . Houses . Aspects . Planets . Energies





**Energies of the Houses** 

2. Succedent

Show What Happens **After** We Take Action '*Get Into The Work*' - Carry the Actions Forward Correspond to the **Fixed** Signs *Middle* House of each Quarter



Signs . Houses . Aspects . Planets . Energies





**Energies of the Houses** 

<u>3. Cadent</u>

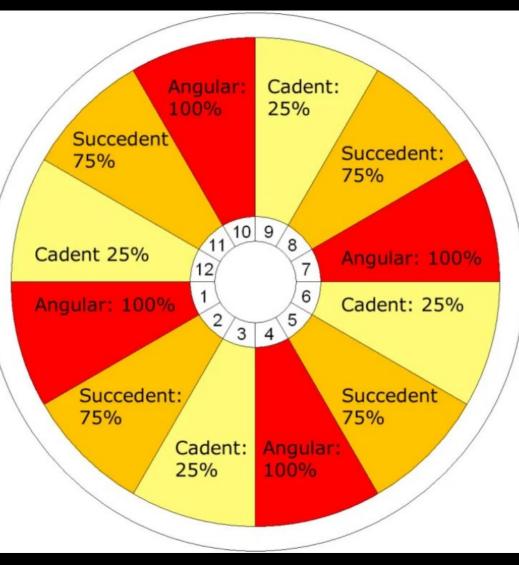
*'How We ADAPT'* to the Action & Work of the Angular & Succedent Houses Correspond to the *Mutable* Signs *Last* House of each Quarter



The Energies of the 12 Houses

The Relative 'Strength' of the 3 House Types

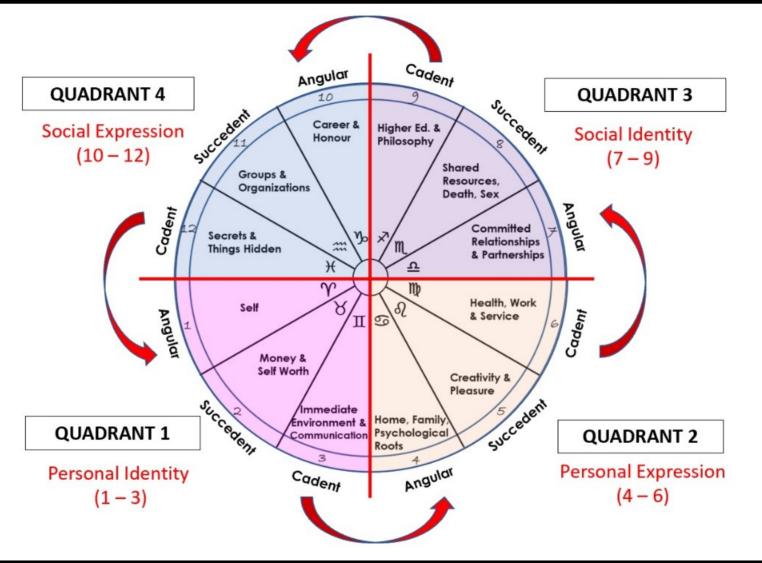
Leading Following Adapting







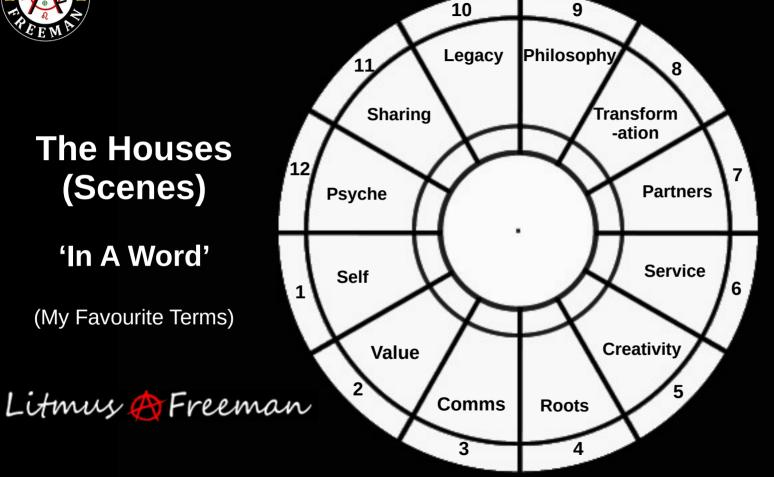
The Energies of the 12 Houses











Signs . Houses . Aspects . Planets . Energies



#### Houses – 'Where?' The Settings & Scenes

The 12 Houses correspond to the 12 Signs 12 stages of Life in the '*Cycle of Growth*' Each represents a stage of '**Nurture'** as we grow Therefore represent the main **Areas** of our Lives The '**Where**' of Astrology

In this system ('Placidus') their Sizes Vary depending on your birth data (In the 'Equal House' system they are all 30°)



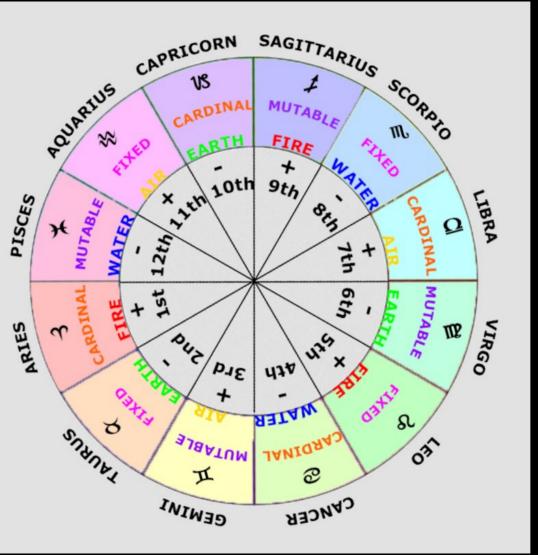
En-ergies of the Signs & Their Corresponding Houses

P.E.N:

P-olarity (+/-)

E-lement (Fire / Earth / Air / Water)

N-ature (Cardinal / Fixed / Mutable)











### Houses Exercise: Identify

# Which Houses Your Planets are in

#### to determine the

#### 'Strength'



### of the various **Areas** of Your Life

Which Houses Are The Strongest / Loudest?





# The **3 Most Important Parts**



Of Your

**Birth Chart** 

The 'W-Holy' Trinity





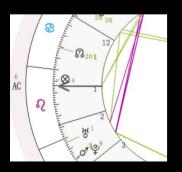
### The (W-Holy) Trinity

Sun Father Seed / Generator



Moon D Mother Grower / Sustainer





Earth ⊕
(Asc)
'Child' (to Age 30)
Physical Manifestation
Litmus A Freeman : www.litmusafreeman.net



Spirit O Individuality / Essence Fire

Soul / Mind Emotions / Personality Water / Air

Body (Matter) + Self / Image / Physical Earth





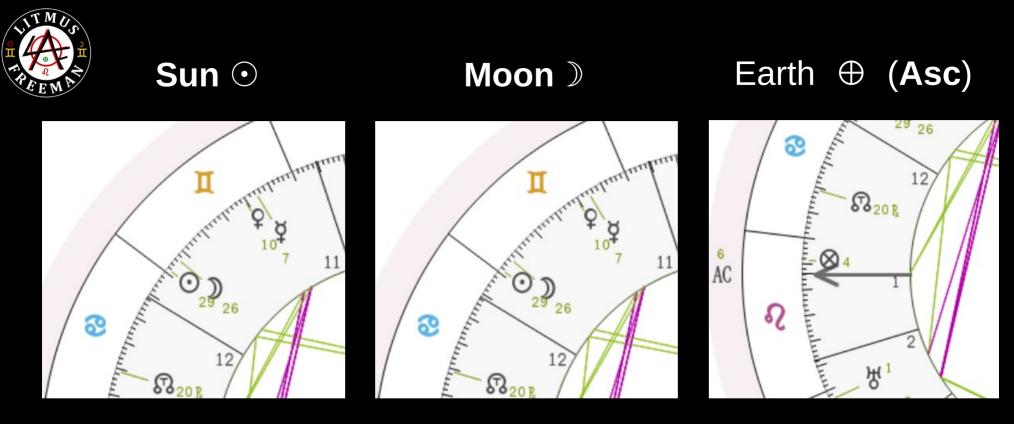
# The 3 Most Important Parts of Your Chart: Your



## **'W-Holy' Trinity**

(Exercise)





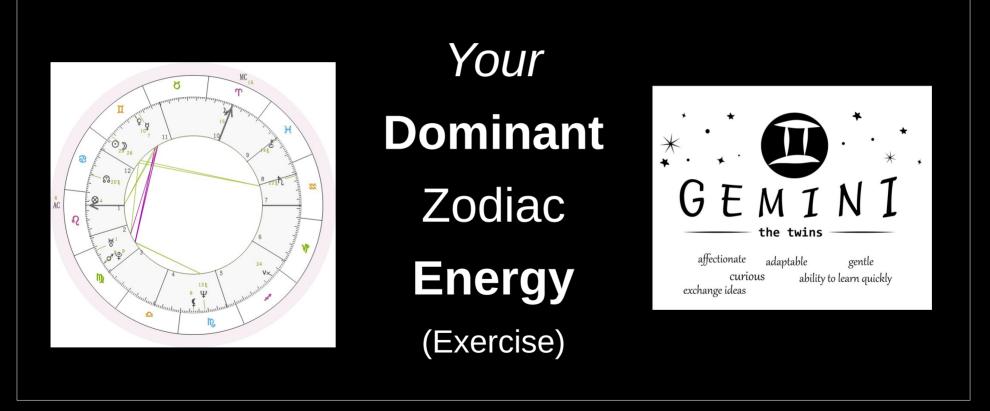
Find the Sun, Moon and Ascendant in Your Chart and Identify their Signs

Our Example: Sun in Gemini Moon in Gemini Leo Ascending











### Your 'Dominant' Energy Aggregating Our Influences

**Exercise** 





1. In Your Chart Identify the Element and Nature of the Signs that your Planets are in



2. Determine the Highest Ranking Element & Nature\* \*If tied Include your Ascendant & North (Ascending) Lunar Node (Symbol = ຄ)

4. **Identify** which **Sign** corresponds to that combination of **Element** & **Nature** 



The Energy of **That Sign** is the resulting Dominant Energy of Your Chart, aggregating the combined influences of all your planets



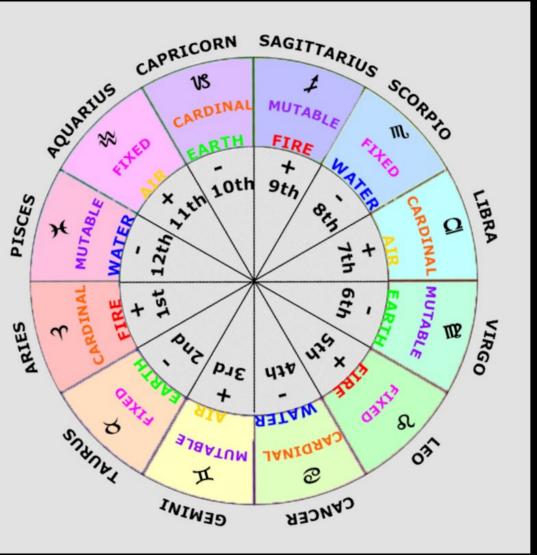
En-ergies of the Signs & Their Corresponding Houses

P.E.N:

P-olarity (+/-)

E-lement (Fire / Earth / Air / Water)

N-ature (Cardinal / Fixed / Mutable)





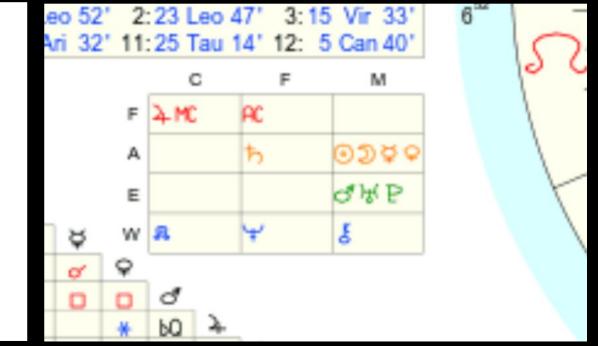


# Your 'Dominant' Energy



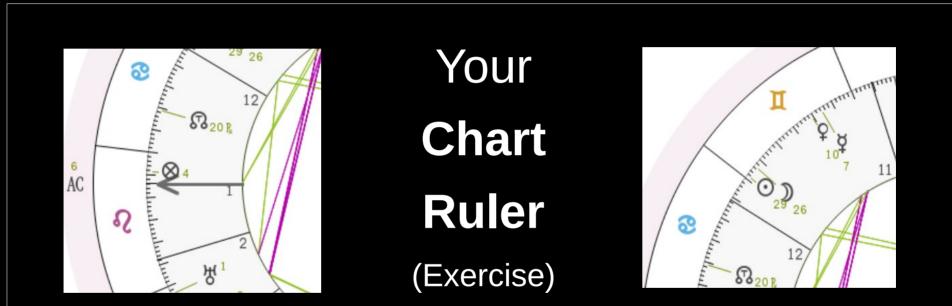
Cafe Astrology Birth Chart Interpretation Reports (below left) & Astrodienst Birth Charts (below right) both include summaries of our aggregated influences, but it's still a good exercise to work it out for ourselves It helps us become more familiar with the energies of the Signs

masculine	6	fire	1
feminine	4	earth	3
cardinal	1	air	5
fixed	2	water	1
mutable	7		









The Ruler of Your Chart is the Planet that Rules Your Ascendant Sign

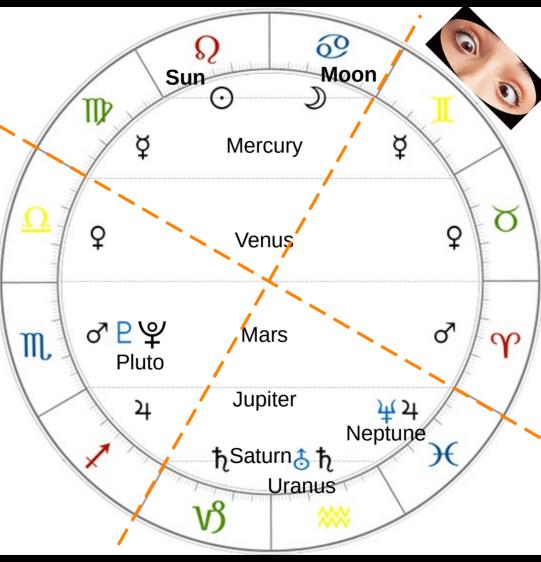
#### The Planets: Sign Rulers

Including The Outer **\**, (Generational) Planets

3. Now we can see the Pairs of Signs ruled by the 5 Visible Planets; Mercury ¥ Venus ♀ Mars ♂ Jupiter ལ and Saturn ♭

4. Going anti-clockwise from the Sun, as the Masculine Ruler, we carry on past Saturn b to allocate the Higher Rulers of Aquarius (Uranus #/ô) & Pisces (Neptune ¥)





Litmus A Freeman : www.litmusafreeman.net

eye-P.O.D.

2. The 30° Rotation puts Leo ℓ and Cancer S at the Top of the Zodiac

5. Pluto then, I believe, is the Higher Ruler of Aries 𝒱, as well as Scorpio 𝔄 to which it has been allocated (Mars ♂ is the Lower Ruler of Aries 𝒱 & Scorpio 𝔄)

**1.** Rotate the 'UCC Oriented' Zodiac 30° Clockwise



# Your Chart Ruler



### **Exercise**

#### Identify the Planet that Rules YOUR Ascendant Sign





Find this Planet in Your Chart (This is What Rules your Chart)

Identify the Sign your Ruler is in (This is How it Rules)

Identify the House your Ruler is in (This is Where in your life it Rules)



Identify any Aspects made to your Ruler (With What Other Energies does Your Ruler's influence get blended / Modified?)

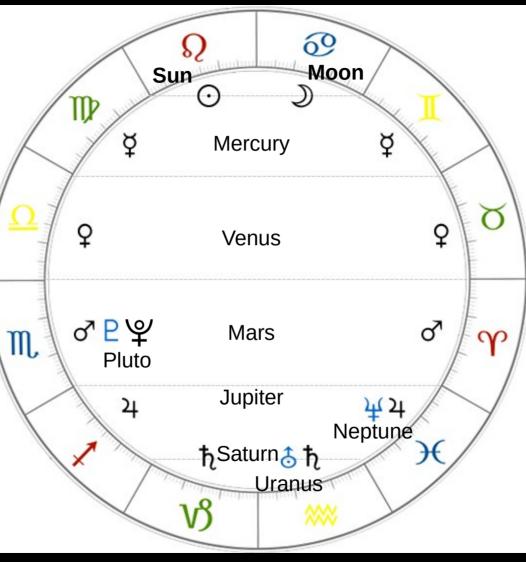


The Planets

#### **Sign Rulers**

Including The Outer (Generational) Planets

Note: ð=Uranus⊮







### **Transits**



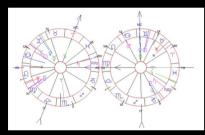
Transits identify: Aspects Between the **Positions** of the **Planets In Your Birth Chart** and Where They Are Now (or at any Time/Date you Query)

# THUS THUS

## Transits



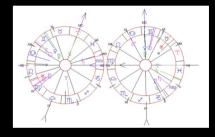
#### Exercise



Go to Cafe Astrology Birth Charts

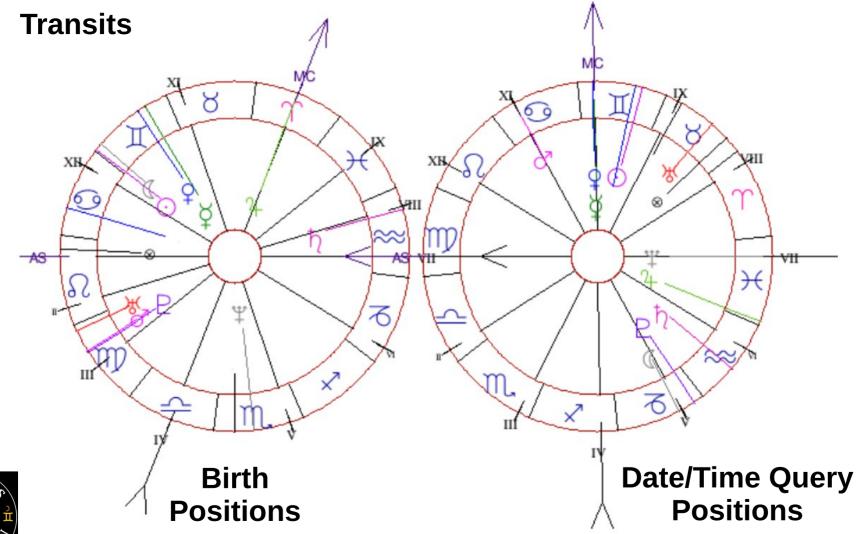
(https://astro.cafeastrology.com/natal.php)

Select your chart from the list
 (Or enter your birth details)



#### At the top left side of your report select 'Transits' This will give you 14 Days of transits

Try entering a date in the recent past to see if your transits fit with what has been happening in your life

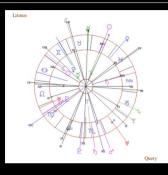


HEEMA

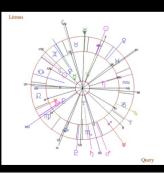


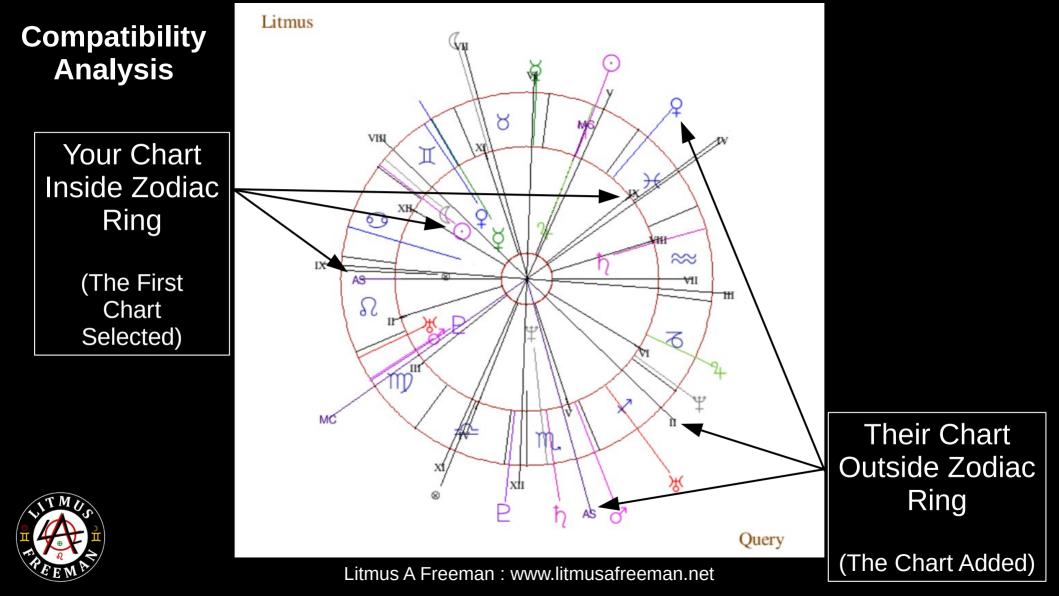
# Compatibility





### Compatibility ('Synastry') identifies: Aspects Between the **Positions** of the **Planets in Your Birth Chart** and **Another Person's Birth Chart**









Today We HAVE Learned ... How to **Read OUR** Birth Charts:

The Main Components of a Birth Chart

The **3 Most Important Parts** of our Charts

Our Dominant Zodiac Sign Energy

Our Chart Ruler (Planet) ○ 》 <sup>¥</sup> …?

#### PLUS+ 2 Great Ways to Use Our Charts to Help Our LIVES & RELATIONSHIPS ♀ ♂





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# THE



END